Dr. (Prof.) Deep Dutta

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BLOOD GLUCOSE MONITORING CHART

NAME: **AGE:** **SEX:**

Date		Before Break Fast	After Break Fast (2 Hrs.)	Before Lunch	After Lunch (2 Hrs.)	Before Dinner	After Dinner (2 Hrs.)	3 AM	Remarks
	Blood Glucose								
	Insulin								
	Blood Glucose								
	Insulin								
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